



I WANT TO STOP . . .

I feel like I did something to deserve this.

When is it going to be over? -Jackie

In **SCARS THAT WOUND : SCARS THAT HEAL**, you'll walk alongside Jackie, whose arms are marked with reminders of the painful journey she thought she had to take alone.

You'll read about: God's work in Jackie's life, even through her raw struggles and the imperfect responses of others. Also included: stories of others who have struggled with self-injury; and for those who care about them—ways to encourage and support.

"A powerful, gripping story with practical advice on how to escape the grip of self-injury. Anyone who is caught in its tangled web should read this. It could change their life."

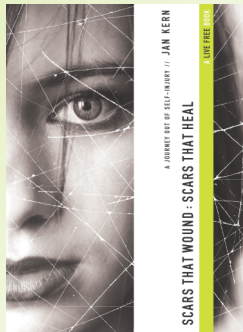
Megan Hutchinson

Author of the eight-step recovery program
Life Hurts, GOD HEALS



The LIVE FREE series chronicles true stories of teens who were entangled by self-injury, false intimacy, and online addictions. Learn how they broke free from the past and made the choice to take hold of the authentic life God offers. Their stories are interwoven with Bible commentary, insight for supporting people caught in the struggle, and questions for deeper reflection or small group discussions.

A 2008 ECPA
Book of the Year Finalist!



**SCARS THAT WOUND
SCARS THAT HEAL**
A Journey Out of Self-Injury
by Jan Kern

ISBN: 978-0784721049
Standard Publishing

To read excerpts of any
of the Live Free books
or to contact Jan,
visit:

www.jankern.com



SEDUCED BY SEX : SAVED BY LOVE
A Journey Out of False Intimacy
by Jan Kern
ISBN: 978-0784721582
Standard Publishing

**THE MORE I DID IT . . .
the less I cared about myself. -Suzy**

Unique, raw, and real, this second of the Live Free Series tells the true story of Suzy, whose search for acceptance and belonging pulled her into the grip of the pressures, lies, and confusion of today's message about sexuality.

Read about how Suzy, and others interviewed, broke free from the past and made the choices needed to take hold of the authentic love and intimacy God offers. Also included are useful responses to pressures and misconceptions about sex, and how to encourage those trapped in a destructive sexual lifestyle.

“. . . Jan writes about the harsh realities of the pain and heartache of sexual experience outside of God's design, and does so without being preachy or shallow . . .

Offering hope to those who are in the midst of sexual wandering and confusion, and a wake-up call to those dabbling on the edges, Seduced by Sex : Saved by Love is a gift of grace.”

Chap Clark, PhD
senior editor, YouthWorker Journal;
author, *Hurt: Inside the World of Today's Teenagers*



EYES ONLINE : EYES ON LIFE
A Journey Out of Online Addictions
by Jan Kern
ISBN: 978-0784721599
Standard Publishing

**I WAS SO TRAPPED . . . no person
could possibly drag me out. -Colin**

Chatting, blogging, e-mailing, surfing . . . It didn't end there for Colin. His loneliness fed an obsession with the Internet that led to online addictions to pornography, gaming, and endless surfing.

In this third of the series, you'll read Colin's true story and how his growing connection to God helped him face his isolation and obsessions. Includes interviews of others; ideas for managing online and offline activities to strengthen identity and relationships; and warning signs of Internet addiction and how to help.

“Jan Kern writes with insight, passion, and wisdom as she chronicles the struggles of young people who have become caught in compulsive Internet use. Her counsel to teens—or anyone else dealing with online obsessive behavior—is grounded in sound Christian principles and benefits from the insights of leading experts in the emerging field of Internet addiction. Teens, parents, and youth pastors everywhere should read this book.”

Andrew Careaga, author of *Hooked on the Net*
and *Connecting with the Net Generation*